# **ACU Track & Field Camp Schedule - July 2025**

### Wednesday, July 16

12:30 - Check-In at Dorm

1:00 – Check In at Track (Don Hood Fieldhouse)

2:00-3:00 – Ice Breaker Games

3:00-3:30 - Lecture

4:00-5:30 - Session 1

5:30-6:00 - \*\*Commuter Camper pickup at Track\*\*

5:30-6:30 – Dinner at The Bean – Overnight campers

7:00-9:00 – Indoor Games

9:00-10:30 - Free Time in Dorm

10:30 - Lights Out

# Friday, July 18

8:00-9:00 - Breakfast - Overnight campers

9:00 - \*\*Commuter campers arrive at Track\*\*

9:00-10:30 - Session 4

11:00-11:45 - Chapel

12:00-1:00 - Lunch - ALL at The Bean

1:00-3:30 - Movie in Team Room

4:00-5:30 - Session 5 (In Weight Room)

5:30-6:00 – \*\*Commuter Camper pickup at Track\*\*

5:30-6:30 – Dinner – Overnight campers

6:30-7:30 - Snacks/Games in Team Room

8:00-10:00 - Indoor Game Time

10:30 – Lights Out

### Thursday, July 17

8:00-9:00 - Breakfast - Overnight campers

9:00 – \*\*Commuter campers arrive at Track\*\*

9:00-10:30 - Session 2

11:00-11:45 - Chapel

12:00-1:00 - Lunch - ALL at The Bean

1:00-1:30 - Lecture

1:30-3:30 – Games in Team Room

4:00-5:30 - Session 3

5:30-6:00 - \*\*Commuter Camper pickup at Track\*\*

5:30-6:30 - Dinner - Overnight campers

6:30-9:30 - Indoor Game Time

10:30 – Lights out

# Saturday, July 19

8:00-9:00 - Breakfast - Overnight campers

9:00 – \*\*Commuter campers arrive at Track\*\*

9:00-9:30 - Chapel

9:30-10:00 - Warmup for track meet

10:00-12:00 - Meet (Campers may be picked up once

they are done with their individual events)

12:00 - End of Camp

